

HEALTHY IS UNDERSTANDING HUMAN PAPILLOMA VIRUS (HPV)

WHAT IS HPV?



- HPV is a sexually transmitted infection (STI)
- HPV is the most common STI

Approximately...

43 MILLION

HPV infections were recorded in 2018

HOW CAN YOU GET HPV?

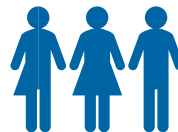
- HPV is a virus spread during vaginal, anal, or oral sex by a person infected with the virus
- HPV can be spread through close skin-to-skin touching
- HPV can be spread by an infected person who does not have symptoms

Symptoms from HPV can develop years after infection and it can be difficult to know when a person was first infected

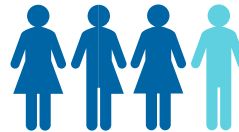
WHAT ARE THE SYMPTOMS OF HPV?



- **Genital Warts:** Appear as flat lesions and cauliflower like bumps in the genital area



- **Common Warts:** Appear as rough, raised on bumps on the hands and fingers



- **Plantar Warts:** Appear as hard, grainy growths on the feet
- **Flat Warts:** Appear as flat-topped, raised lesions on the face or legs



All symptoms can be diagnosed by a healthcare provider

CAN I BE TESTED FOR HPV?

Women between the ages of 30 and 65 are routinely screened for HPV with a pap smear

There is **NO** screening test for **men**

WHAT TYPES OF CANCER CAN HPV CAUSE?

- HPV can cause cervical cancer and cancer involving the vulva, vagina, penis, anus, and back of the throat
- It can take years, even decades, for cancer from HPV to develop



**EVERY YEAR IN THE U.S.,
OVER 19,000 WOMEN
AND 12,000 MEN**

will develop cancer caused by HPV

Every year in the U.S., there are 12,000 people living with cervical cancer



Every year in the U.S.,
4,000
women will die of
cervical cancer, despite
screening and treatment

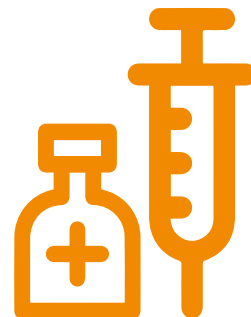
**THERE IS NO WAY TO
TELL WHO WILL DEVELOP
CANCER FROM HPV**

<https://www.cdc.org/std/hpv/stdfact-hpv.htm>

HOW CAN I PREVENT HPV INFECTION?

GET VACCINATED

The HPV vaccine is safe and effective and protects against diseases and cancers caused by HPV



Routine screening for women ages 21-65 can prevent cervical cancer

IF YOU ARE HAVING SEX:

Have protected sex. Use condoms and/or dental dams every time during vaginal, anal, and oral sex. Condoms and dental dams must be used correctly and do not fully protect against infection.

WHO SHOULD GET VACCINATED?

All boys and girls ages 11-12 (can start as early as age 9) and everyone through age 26, if not already vaccinated

Adults 27-45 may decide to get vaccinated following a discussion with their health care provider

