

HEALTHY IS UNDERSTANDING THE AGING BRAIN

NORMAL BRAIN AGING

Can't recall a word; describe the word to get it to pop up

Give people time to process information. Go more slowly

Slower to think

Will know the person, but not their name

Slower to do

May hesitate more

New data reminds them of old data

More likely to look before they leap

May pause when word finding

ABNORMAL BRAIN AGING

Unable to think the same

Unable to do as before

Unable to get started on a task

Will get stuck in a moment of time

Unable to successfully place someone

Words won't come out, even with a visual

Confused between past and present

Personality/behaviors can be different



Dr. Mamta Singh

Dr. Singh is a primary care physician who specializes in geriatric medicine. Call 860.649.6900 to schedule an appointment with her for an evaluation.

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