



Healthy is ageless.

Geriatricians are primary care doctors who've had additional training in the needs of older people.

A geriatrician provides the medical evaluation and treatment of problems that commonly occur in life, including but not limited to:

- Arthritis
- Alzheimer's
- Balance issues
- Cancer
- Dementia
- Diabetes
- Depression
- Frailty
- Heart Disease
- Incontinence
- Insomnia
- Osteoporosis

At the same time, a geriatrician will also focus on your cognitive state and provide treatment if you have memory problems, confusion, dementia, anxiety or thought disorders. Geriatricians monitor your chronic conditions by watching for changes in function and then treat those conditions.

ECHN
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What is the geriatrician's goal in caring for patients?

The goal of a geriatrician is to help older adults, typically over the age of 65, cope with the challenges of daily living and health maintenance. This is especially helpful to older adults who experience multiple comorbidities and diseases. A geriatrician can help ensure you can participate as fully as possible in the activities of daily living.

Geriatricians work closely with caregivers to help them cope with the emotional, psychological and physical challenges of living with and caring for a loved one. They provide evaluation, counseling and referrals for caregiver stress, daily-living challenges and issues associated with functional decline and neurological disorders.

Should you visit a geriatrician?

Older adults, typically 65 and older, should visit a geriatrician, especially if they suffer from chronic, complex medical conditions or if they feel they could benefit from a geriatric consultation to discuss functioning and quality of daily living.



Are you looking for a geriatrician?

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Learn more about our Geriatric Services.

echn.org/services/geriatrics